

Appendix O: Educational Resources

The following educational resources have been compiled by the development panel as a resource for nurses and their clients in learning more about suicidal ideation and behaviour. It is not intended to be an inclusive listing.

Relevant Peer-reviewed Journals:

Archives of Suicide Research – Taylor & Francis

Canadian Journal of Psychiatry – Canadian Psychiatric Association

Crisis: The Journal of Crisis Intervention and Suicide Prevention – Elsevier Science

International Journal of Mental Health Nursing – Blackwell Publishing

Journal of Psychiatric and Mental Health Nursing – Blackwell Publishing

Suicide and Life-threatening Behaviour – Guilford Publications, Inc.

Visions: BC's Mental Health and Addictions Journal – BC Partners for Mental Health and Addictions Information

Textbook Chapters:

Murray, B. L. & Hauenstein, E. J. (2008). Chapter 37 – Self Harm and Suicidal Behaviour: Children, Adolescents, and Adults. In W. Austin & M. A. Boyd (Eds.), *Psychiatric nursing for Canadian practice* (p. 898-922). Philadelphia: Lippincott Williams & Wilkins.

Myslik, B. (2005). Chapter 24 – Suicide. In L. L. Stamler & L. Yiu (Eds.), *Community health nursing: A Canadian perspective* (p. 317-324). Toronto: Pearson Education Canada Inc.

Other Publications:

Chandler, M. J., & Lalonde, C. E. (in press). Cultural continuity as a moderator of suicide risk among Canada's First Nations Kirmayer, L. & Valaskakis, G. (Eds.), *The mental health of Canadian Aboriginal peoples: Transformations, identity, and community*. University of British Columbia Press.

Government of British Columbia. (2007). *Working with the client who is suicidal: A tool for adult mental health and addiction services and related documents*. [Online]. Available:

<http://www.health.gov.bc.ca/mhd/suicide.html>

Government of Canada. (2006). The human face of mental health and mental illness in Canada. [Online]. Available: <http://www.phac-aspc.gc.ca/publicat/human-humain06/>

Health Canada. (2002). *Suicide. A report on mental illness in Canada*. [Online]. Available: <http://www.phac-aspc.gc.ca/publicat/miic-mmacc/>

Masecar, D. (2007). *What is working, what is hopeful... Supporting community-based suicide prevention strategies within indigenous communities (and any other community that is interested)*. Ottawa: First Nations and Inuit Health Branch, Health Canada.

Royal Commission on Aboriginal Peoples. (1995). *Choosing life: Special report on suicide among Aboriginal people*. Ottawa: Communication Group Publishing.

Assessment and Care of Adults at Risk for Suicidal Ideation and Behaviour

Examples of Suicide Intervention Models:

ASIST: www.livingworks.net

Assessment and Planning Tool Kit for Suicide Prevention in First Nations Communities:

http://www.naho.ca/firstnations/english/documents/NAHO_Suicide_Eng.pdf

Mental Health First Aid: <http://www.mhfa.com.au/>

Website Resources:

American Association of Suicidology: <http://www.suicidology.org/>

American Foundation for Suicide Prevention: <http://www.afsp.org/>

American Psychiatric Nurses Association: <http://www.apna.org/>

American Psychological Association: <http://www.apa.org/>

BC Partners for Mental Health and Addictions Information: <http://www.heretohelp.bc.ca>

Canadian Association for Suicide Prevention: <http://www.suicideprevention.ca/>

Centre for Suicide Prevention: <http://www.suicideinfo.ca/>

Health Canada: <http://www.hc-sc.gc.ca/>

International Academy of Suicide Research: <http://www.depts.ttu.edu/psy/iasronline//>

International Association for Suicide Prevention: <http://www.med.uio.no/iasp/>

Mental Health Evaluation and Community Consultation Unit (Mheccu), University of British Columbia:

<http://www.mheccu.ubc.ca>

National Institute of Mental Health: <http://www.nimh.nih.gov/>

Rethink: <http://www.rethink.org/>

Substance Abuse and Mental Health Services Administration (SAMHSA): <http://www.samhsa.gov/>

Suicide Prevention Action Network: <http://www.spanusa.org/>

Suicide Prevention Education Awareness Knowledge (SPEAK): <http://www.speak-out.ca/>

Suicide Prevention Resource Center: <http://www.sprc.org/>

World Health Organization: <http://www.who.int>